

## Registration

Now you can register online at [www.active.com](http://www.active.com)

Register by September 9 to get your free 2009 Bike-A-Thon t-shirt & raffle entry at the event.  
(maximum of 2 shirts for a family registration)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Age (as of 9/13/09) \_\_\_\_\_

E-mail \_\_\_\_\_

### Ride Choice

- 5-mile fun ride    10-mile    20-mile  
 30-mile    50-mile    65-mile

### Individual Registration:

- \$29 early registration (before August 21, 2009)  
 \$35 registration  
 \$10 children (12 & under)

### Family Registration (up to 4 related people):

- \$45 early family registration (before August 21, 2009)  
 \$50 family registration

Total number of riders \_\_\_\_\_

- I would also like to make a donation.  
Enclosed is my gift of \$ \_\_\_\_\_

### Please designate my registration fee/donation to:

- Guide Dog Foundation for the Blind, Inc.  
 America's VetDogs  
 General organizational support

Total amount to be charged: \$ \_\_\_\_\_

### Please charge my:

- Visa    MasterCard    Amex

Card No. \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

Please make checks payable to the  
Guide Dog Foundation Bike-A-Thon

Mail payment & registration to  
Guide Dog Foundation for the Blind  
371 East Jericho Turnpike, Smithtown, NY 11787

Please detach and mail registration form

## 5-Mile Fun Ride

For younger, beginner cyclists and their families. Participants will be escorted by the Suffolk Bicycle Riders Association.

- 🐾 Snacks and drinks provided.
- 🐾 Return to the Foundation campus for a barbecue lunch, tours of the training center, and puppies to pet!



### Helmets are required for all riders.

#### In recognition of your participation:

All registered riders return to the Guide Dog Foundation for an after-the-ride celebration.

- 🐾 Barbecue from 11 a.m. to 4 p.m.
- 🐾 Music
- 🐾 Raffle prizes
- 🐾 Presentations about the work of the Guide Dog Foundation and America's VetDogs
- 🐾 Tours of the Guide Dog Foundation
- 🐾 Puppies to pet!
- 🐾 All registered riders receive a free first-year electronic membership in the Suffolk Bicycle Riders Association.
- 🐾 All riders who give or raise over \$75 will receive a Guide Dog Foundation cap.

If you have any questions, please call (631) 930-9000 or visit [www.GuideDog.org](http://www.GuideDog.org) for directions & more information.

### Our missions



The Guide Dog Foundation seeks to improve the quality of life for people who are blind or visually impaired or who have other special needs.



America's VetDogs helps those who have served our country honorably to live with dignity and independence.

## Bike-A-Thon Sponsors

Suffolk Bicycle Riders Association

[www.sbraweb.org](http://www.sbraweb.org)

Campus Bicycle & Fitness

Cart Hart Bicycles

Cycles Plus

Schering-Plough Animal Health

371 East Jericho Turnpike, Smithtown, NY 11787

(631) 930-9000

[www.GuideDog.org](http://www.GuideDog.org)

[www.VetDogs.org](http://www.VetDogs.org)

# Freedom Ride

20th Annual

## Second Sight® Bike-A-Thon

Sunday, September 13, 2009

to benefit



Leaving from the

Guide Dog Foundation Campus

371 E. Jericho Turnpike, Smithtown, NY 11787

Rain or Shine

# About the Bike-A-Thon

# Bike-A-Thon Sunday, September 13, 2009

**September 13, 2009**

*from the Guide Dog Foundation's Campus*

The 20th Annual Second Sight® Bike-A-Thon Freedom Ride is a tour of Long Island's North Shore to benefit both the Guide Dog Foundation for the Blind® and America's VetDogs®.

Leaving from the Guide Dog Foundation campus in Smithtown, NY, rides range from a 5-mile fun ride to a challenging 65 miles. Depending on the length of the route, riders will tour St. James, Head of the Harbor, Stony Brook, Old Field, Port Jefferson, Belle Terre, and points east.

The 5-, 10-, 20-, and 30-mile tours are escorted by volunteer marshals from the Suffolk Bicycle Riders Association (SBRA). The 50- and 65-mile tours are unescorted. All riders are provided with cue sheets, and roads are marked along the route.

SAG support vehicles can assist riders with difficulties. Rest/water/food stops are available along the routes.

**65-mile** 8:00 a.m. start. Unescorted. Course is very hilly and challenging with 2 break stops.

**50-mile** 8:30 a.m. start. Unescorted. Course is very hilly and challenging with 2 break stops.

**30-mile** 9:30 a.m. Escorted. Course is very hilly and challenging with 2 break stops.

**20-mile** 10:00 a.m. Escorted. Course is hilly and challenging with 1 break stop.

**10-mile** 10:30 a.m. Escorted. Course is flat and easy. No break stops.

**5-mile** 11:00 a.m. Escorted. Course is flat and easy. Break stop at the 2.5-mile mark.

### Helmets are required for all riders.

Pledges will be accepted the day of the ride.

Pledges are not required in order to ride in the Bike-A-Thon.

Register by September 9 to get your free 2009 Bike-A-Thon t-shirt & raffle entry.

*(T-shirts and other merchandise will be available for sale.)*

*Leaving from the Guide Dog Foundation Campus, 371 East Jericho Turnpike, Smithtown, NY 11787*

*Although it is not a requirement to get sponsors in order to ride in the Bike-A-Thon, please consider doing so. Every dollar raised helps the Guide Dog Foundation and America's VetDogs continue to achieve their missions.*

Name of Rider \_\_\_\_\_ Address \_\_\_\_\_

<b>Sponsor</b>	<i>Name and Address of Sponsor (please print)</i>	<b>Donation</b>
Total Donations Collected		

*All riders who give or raise over \$75 will receive a Guide Dog Foundation cap.*



*Remember to collect your pledges in advance and bring them to the Bike-A-Thon! This form can be photocopied if you need additional pledge sheets.*

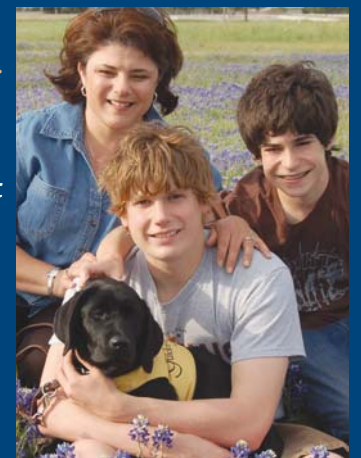


## Raise a Puppy...

One day, puppies from the Guide Dog Foundation will provide enhanced independence and mobility to a person with disabilities.

To help them grow up to be confident dogs, they live with volunteer foster families called puppy walkers for about a year.

Puppy walkers teach basic obedience and expose the pups to everyday living situations, while surrounding the pups with love and attention.



To learn how you can raise a puppy, visit us at [www.GuideDog.org](http://www.GuideDog.org) and click on the Puppy Program link or call 866-282-8046.